# INCommunity January 2024 Volume 2024:01

The Community United Methodist Church of Cochituate Village in Wayland



#### Weekly Schedule

#### Sun, 10:00AM - WORSHIP SERVICE

Please join us in person! Masks are now optional.

Or join us on Zoom: http://zoom.us/join Zoom Meeting ID: 508 653 0577, Passcode: 0

> To join by phone: Dial (646) 558-8656 Enter the Meeting ID: 508 653 0577 When prompted press #, then # again.

#### Mon, 1:30PM - Create & Relate

In-person in the Church Parlor Masks are optional.

See our Online Church Calendar at cumcwayland.org/calendar.html

#### From the Pastor's Desk

It is hard to believe that a new year has already begun! The New Year is a natural time to reflect on the past year, as well as to consider if there are any changes we want to make for the future. At Community UMC, we will have the opportunity to do both



of those things. On Sunday, Jan. 21 our worship service will center around celebrating the year 2023. We will see photos and review some of the special activities that we enjoyed at Community UMC in the past year. We will also have a chance to say some words of gratitude for others in our church community.

We also have opportunities to move forward in the New Year, such as Body & Soul. This group will meet for 6 Thursdays before Lent, beginning on Jan. 4. This is an opportunity to kick off the new year in a healthy way. We spend about 30 minutes doing light exercise in a no-pressure environment, followed by 30 minutes of prayer and meditation. Two of the sessions will include sharing a healthy meal together. We quite enjoyed ourselves last year, and I hope that you will join us this year!

As you think about this new year, I also invite you to reflect on your participation at Community UMC. Is there an area of ministry that you would like to get more involved in? Is there a team or committee you would like to learn more about, or might like to join? One of the major areas in which we are in need of help is in Finance, but there are other opportunities as well.

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#### Statement of Welcome for All People

Community United Methodist Church celebrates that all persons are created in God's image and are of sacred worth. We are a community of faith that welcomes all persons without regard to age, race, sexual orientation, gender identity, or developmental and physical ability. Community UMC welcomes the full inclusion of all people in the life and ministries of our church. We invite everyone to join us in our faith journey!

#### God loves all people. No exceptions.

**INCommunity** is published 11 times a year by Community United Methodist Church 80 Main St, Cochituate Village, Wayland MA 01778 www.cumcwayland.org (508) 653-0577 office@cumcwayland.org Dave Shrewsbury ...... Music Director Sherry Anne Bryant.....Lay Leader Sara Herwig......Editor/Administrator Submissions for consideration should be in digital format. Articles should be less than 250 words. Pictures and graphics should be in high resolution IPEG, PNG or TIFF format. Half page is H- 47/8" by W- 73/4" Quarter page is H- 47/8" by W- 37/8". All submissions to be sent to office @ cumewayland.org. Deadline for the February, 2024 issue is Monday, January 15

Some material adapted from www.churchart.com

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The Committee on Lay Leadership will get together in the spring and will begin to ask people to take on new roles at the church, but there's no need to wait to be asked! Talk to me so that I can answer your questions and pass along your interests to the committee. I wish you much peace and joy in the year 2024!

Blessings Pastor Rebecca L. T. Cho

#### From the Lay Leader

"All God's People in All Places and in All Times, are Called to Love and to Serve."

— Ministry of the Laity

The beginning of a new year always seems to be a time for reflection! Thinking about what we accomplished last year, what we wish we had done, making resolutions for the coming months, etc. I would like to share a few thoughts from Larry Julian, au-

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#### Weekly Scripture Readings (Revised Common Lectionary, Year B)

#### Sunday, January 7 Baptism of Jesus

Gen 1:1-5

Ps 29

Acts 19:1 –7

Mk 1:4-11

#### **Epiphany Sunday**

Isa 60:1-6

Ps 72:1–7, 10–14

Eph 3:1–12

Mt 2:1-12

#### Sunday, January 14 2nd Sunday after Epiphany

1 Sam 3:1–10 (11–20)

Ps 139:1–6, 13–18

1 Cor 6:12-20

In 1:43-51

#### Sunday, January 21

3rd Sunday after Epiphany

Jonah 3:1–5, 10

Ps 62:5-12

1 Cor 7:29-31

Mk 1:14-20

#### Sunday, January 28

#### 4th Sunday After Epiphany

Deut 18:15-20

Ps 111 (UMH 832)

1 Cor 8:1-13

Mk 1:21-28

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thor of "God is My CEO: Following God's Principles in a Bottom-Line World," that can be applied to approaching this new year.

 Seek wisdom to do the right thing...remember Solomon's prayer to God to give him a "discerning heart"? Seek God's wisdom to dis-

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cern what's right, then have the courage to act on it.

- Turn dust into diamonds. When trials and difficulties arise, don't miss out on the privilege of your problems. Problems create opportunities.
   When under pressure, we can shine like diamonds for others to see Christ in our lives.
- Keep the important things important. Don't burn out on the meaningless details of life and waste the importance of the day—Learn to focus on the important things to make each day the most important day of your life.

Sherry Anne Bryant

#### Worship Team

Happy New Year! We hope that you

had a good Advent and Christmas Season and that you were able to attend the services at CUMC. Our January services will include the celebration of Epiphany along with communion on the 7th. January 14 is Human Relations Sunday and we will also celebrate Martin Luther King, Jr. day. We are looking forward to having another "Celebrating 2023 at CUMC," as we did last year, when we look back over the past year and reflect on what and who have been meaningful in our lives here. Be thinking about what you would like to share. It could be one special service or it could be parts of several services or it could be a special event. You choose what blessings you have received from CUMC in the past year.

We offer a special Thank You to three people who have graciously made our Church merry and bright this year: to Marilyn Hatch who again created our beautiful Advent wreath; to Betty Mattarazzo for the wreaths on the outside doors of the church welcoming worshippers; to Winnie Windsor for the wreaths in the sanctuary and at the Harrison Street

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#### *INCommunity*



#### Up Coming Events in November

- ✓ Jan 1 New Year's Day
- ✓ Jan 4 Body & Soul on Thus through Feb 8 at 5:30pm
- ✓ Jan 7 Epiphany Sunday
- ✓ Jan 8 Trustees at 7:00pm
- ✓ Jan 10 Community Growth at 7:00pm
- ✓ Jan 14 Human Rights Sunday
- ✓ Jan 15 Rev. Martin Luther King, Jr..'s Birthday
- ✓ Jan 17 SPRC at 6:00pm
- ✓ Jan 20 UWF Tea Party at 10:00am
- ✓ Jan 21 Finance at 11:30am
- ✓ Jan 22-24 Pastor Rebecca away for Continuing Ed.
- ✓ Jan 28 Worship Team at 11:30am
- ✓ Jan 29 Safety Team at 7:30pm

music, drama, humor, song, and readings - most notably in the amazing portrayal of the Christmas story in this year's Pageant. Thanks to an imaginative script adapted by Ginger Livingstone, our two Sunday School classes worked beautifully together to inspire and uplift us all on that memorable Sunday morning. The Pageant represented the culmination of many lessons learned by our kids through their Sunday school experience, including the scriptural basis for this amazing story, the enduring Christian values of love, forgiveness + faith and the importance of working together, listening to one another and supporting each other. We are grateful to the many adults who made special contributions in guiding our youth through these advent festivities including Ginger, Joy Vemula, Deb Hastings, Winnie Windsor and Vigi Mahendran.

The Christian Education team of teachers and helpers is looking very forward to continuing the spiritual development and mentoring of our youth in 2024!

Gary Rabideau and Christine McKenna Lok Co-chairs

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entrance. We also appreciate the work of the flower committee who decorated the sanctuary with the poinsettias.

Shirley Lowe Worship Team Chair



#### Stewardship & Finance

During this special season, we are so grateful for people such as Arthur

Mayer and the Sandford's who had the foresight to include us in their estate planning. We have mostly used up these funds (more specifically on this in a future article) but we have relied on these funds to accomplish so much around this Church. At this time of year when we are grappling with a larger than normal deficit budget for 2024 as well as attempting to collect sufficient funds to pay our Mission Shares, we want to remember these people and

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#### Christian Education

Our church family is truly blessed by the joy, enthusiasm and spiritual light

that our youth bring to our community. The gifts of these young people were evident throughout Advent as they shared their talents and grace through

#### *INCommunity*

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so many others for their thoughtfulness in their giftgiving to this Church. Thank you to all of you who have pledged for 2024 and are volunteering for the tasks and duties that keep this Church flourishing which allows us to continue the good works of the Church.

How can you help in 2024? Helping with fundraisers to balance our deficit budget, responding to extra mile giving requests, or helping with either the Treasurer or Financial Secretary tasks for the Church would help tremendously. If you want to learn more about what is needed, please talk to Prakash, Andy, David, or George and let us know! What a wonderful way to start the New Year!!

Thank you to all and a Happy and Healthy 2024 from the Stewardship and Finance Committee!

Ginger Livingstone

#### Trustees Update

The Trustees continue to address our ongoing list of maintenance requests

across our properties and here are a few highlights. We'd like to remind everyone that if you see something about our buildings that needs attention please say something to one of the Trustees or fill out one of the maintenance forms in the church mailbox room. With regards to the parsonage, we continue the process of gathering and reviewing proposals for the new garage. Stay tuned for details.

As you have seen we have replaced all our exterior doors to improve the safety of our building with doors that close reliably and move to a restricted key system. This means our keys are no longer able to be copied and are numbered so we now have a

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list of all those who have been given keys. If you have a need for a key please complete the key request form that the Church office can provide. Lastly, we will be installing a camera doorbell on the ramp door to provide video recordings for reference if needed.

We continue to look for a new Trustees Treasurer who would be willing to spend a few hours a month helping with our Trustees funds. This work is well documented and does not require any accounting or special skills or experience. Please let the Pastor or any Trustee know of your interest.

Our Safety team has met again to update our draft safety policies for review by our different leaders for feedback before publishing for the congregation. We have added a monthly check of our first aid kits to keep sure they are replenished.

Thanks again for all your help to keep the Church in the condition you found it, shut off the lights, close and lock all windows, and lock the door when you leave. This will ensure that everyone, members and visitors, finds it welcoming, safe and inviting.

Dave Getchonis
The Board of Trustees

#### United Women in Faith

You are invited to a **Tea Party** on Saturday, January 20, at 10:30 am in Fellowship Hall.

"Finding Joy" is the theme for this special event, led by Paula Duncan-Doherty. Bring a family member or friend. Wear a hat, one you make or one you own. Prizes awarded! Laughter, fellowship, joy guaranteed! Make reservations with Sherry Anne (508) 358-4310 by January 17.

Sherry Anne Bryant, President

#### The Flower Committee

Orders are now being taken for altar flower arrangements for this year, 2024. If you would like to have altar flowers in memory of or in honor of friends and/or loved ones, please give your check for \$25.00 per arrangement and the date(s) you would like to Shirley Lowe at church. You may also send this information with your check to the church with a notation on the envelope and check for the "Flower Committee".

Thank you to all the members of this committee who each week brighten our sanctuary with lovely fresh flower arrangements: Amy Clark, Gayle Gledhill, Marilyn Hatch, Susan Richardson, Jill Tyson, and Winnie Windsor.

Shirley Lowe, Chair Flower Committee

#### **YOUTH MISSION TRIP 2024**

A group of CUMC high schoolers, parents and adult volunteers have been meeting, researching and planning for a Youth Mission Trip experience to take place for a week this summer, 2024. Our dedicated youth have been working with the adults to identify the type of service work, the preferred settings and the structure that we believe would be most impactful and spiritually nurturing. The group looks forward to sharing the plan with the congregation as it is finalized. We will also appreciate the community's support and prayers as we gather the resources and the fortitude to take on this exciting + challenging endeavor!

Gary Rabideau Youth Mission Trip Coordinator





# Body & Soul

30 minutes of light exercise



30 minutes of meditation & prayer

# A healthy start for 2024!

- free
- open to all ages & abilities
- pressure-free environment
- childcare available upon request
- co-led by Pastor Rebecca and Alison Sonderfan, Registered Dietician

#### CONTACT

Pastor Rebecca Cho with questions or to register (617) 429-5909 rebeccalyn.cho@gmail.com



#### **Thursdays**

Jan. 4, 11, 18 & 25 Feb. 1 & 8

5:30-6:30PM

On Jan. 18 & Feb. 8 we will prepare and share a healthy meal together, and will meet until 7PM.





Community United Methodist Church 80 Main Street Wayland, MA 01778



METROWEST MARTIN LUTHER KING, JR.
MEMORIAL BREAKFAST COMMITTEE
PRESENTS:

# BUILDING BELOVED COMMUNITY: IDENTITY MATTERS

Join us in-person for breakfast & a screening of MLK, Jr's 1967 Barratt Junior High School speech titled "What Is Your Life's Blueprint?"

The screening will be followed by our own, live panel discussion about identity with local social justice leaders and students.

- Monday, January 15, 2024
- 9:00AM ET
- Weston United Methodist Church 377 North Avenue, Weston, MA 02493

#### Sponsored in part by:







LIVE PANELISTS

Theresa Cruz
DEI Educator,
Founder and Lead
Consultant, Brave
Space Consulting



Theresa Dryden
Director, Weston
METCO
Program/METCO
Academic Liaison



Janot Mendler de Suarez Anti-Racism trainer & facilitator, Visiting

Research Fellow, Boston University

Pardee Center



Gabriela Stewart 7th Grade Student, Weston Middle School



Laurie A. Bent
Chair, Weston Select
Board

Suggested Donation: \$25 per person or \$200 per table of 10 Space is limited.

Order online: <a href="https://www.eventbrite.com/e/490583688017">https://www.eventbrite.com/e/490583688017</a> or call 781-893-9595 for reservations





www.cumcwayland.org

# Lenten Suppers

ENJOY A DELICIOUS SOUP SUPPER, GOOD COMPANY & FAITH SHARING BY SOME OF OUR MEMBERS!



Thursday evenings 5.30-7.00PM



February 22 February 29 March 7 March 14 March 21



#### Community

Community United Methodist Church 80 Main Street, Wayland, MA (508) 653-0577 www.cumcwayland.org





## 2023 Christmas Pageant



















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# ?? Bible Quiz ? ??

In the book of Judges, the warrior Barak would go to battle only if a certain female leader went with him. Who was she?

- A. Rebekah
- B. Jael
- C. Michal
- D. Deborah



Answer: D (See Judges 4:1-10.)

#### Quotes of the Month

"I do not at all understand the mystery of grace only that it meets us where we are but does not leave us where it found us."

—Anne Lamott

"Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending."

—Carl Bard



#### Celebrations!

#### Birthdays

| 1/1  | Howard Swindell    | 1/16 Marcy Schubert    |
|------|--------------------|------------------------|
| 1/1  | Davina Cha         | 1/18 Steve Daneault    |
| 1/2  | Adele Goldenbaum   | 1/19 Andy Sonderfan    |
| 1/2  | Karen Pehrson      | 1/19 Matt Tearle       |
| 1/3  | Helen Barber       | 1/20 Carolina Joy      |
| 1/4  | Cynthia Bryant     | 1/20 Anna Davis        |
| 1/6  | Stephen Curtis     | 1/20 Lauren Webb       |
| 1/9  | Shirley LaRochelle | 1/23 Steve Connolly    |
| 1/9  | Nancy Waack        | 01/23 Steven Dill      |
| 1/11 | Monique Lundy      | 01/24 Edith Scannell   |
| 1/14 | Jana Cook          | 01/26 Betty Matterazzo |

#### Anniversaries

1/9/1954 Gene & Betty Matterazzo1/10/2004 Ryan Wade & Kelley Shaw-Wade

#### Birthday / Anniversary Listings

We try to include everyone for whom we have a birth date or anniversary date. If we have the wrong date for your birthday or anniversary or you would like to be included, please notify Sara in the Church Office at (508) 653-0577 or office@cumcwayland.org.

#### Special Dates

- January 1 New Year's Day
- January 6 Epiphany
- January 7 Baptism of the Lord
- January 15 Martin Luther King Jr. Day
- January 18-25 Week of Prayer for Christian Unity



# Comr

80 Main Street, Wayland, MA 01778-4807 Phone: (508) 653-0577 Email: office@cumcwayland.org

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| Sunday   | Monday   | Tuesday   | Wednesday                        | Thursday   | Friday                   | Saturday                      |
|--|--|---|----------------------------------|--|--------------------------|-------------------------------|
|  | 1<br>New Year's Day- Office<br>closed  | 2   | e                                | 4<br>5:30 PM- Body & Soul<br>7:00 PM- Choir rehearsal  | 5<br>7:00 PM- AA - Hall  | 9                             |
| 7 Epiphany Sunday 10:00 AM- Worship Service 1:00 PM- Church South India                                    | 8<br>1:30 PM- Create & Relate -<br>Library<br>7:00 PM- Trustees                                  | 9<br>7:00 PM- Midweek Bible<br>Study                          | 7:00m PM- Community growth Team  | 5:30 PM- Body & Soul<br>7:00 PM- Choir rehearsal       | 7:00 PM- AA - Hall       | 13                            |
| 14 Human Relations Sunday 10:00 AM- Worship Service 1:00 PM- Church South India                            | Rev. Martin Luther King Jr.'s Birthday- Office will be closed 1:30 PM- Create & Relate - Library | 16  | 17<br>6:00 PM- SPRC              | 18<br>5:30 PM- Body & Soul<br>7:00 PM- Choir rehearsal | 19<br>7:00 PM- AA - Hall | 20<br>10:00 AM- UWF Tea Party |
| 21 10:00 AM- Worship Service: Celebrating 2023 11:30 AM- Stewardship & Finance 1:00 PM- Church South India | <b>22</b> Pastor away at Continuing Ed. <b>1:30 PM</b> – Create & Relate - Library               | 23 Pastor away at Continuing Ed. 7:00 PM- Midweek Bible Study | 24 Pastor away at Continuing Ed. | 25<br>5:30 PM- Body & Soul<br>7:00 PM- Choir rehearsal | 26<br>7:00 PM- AA - Hall | 27                            |
| 10:00 AM- Worship Service<br>11:30 AM- Worship Team<br>1:00 PM- Church South India                         | 29<br>7:30 PM- Safety Team   | 30  | 34                               |  |                          |                               |

#### COMMUNITY UNITED METHODIST CHURCH

80 Main Street

Cochituate Village, Wayland, MA 01778-4807



# **IN**Community January 2024

**ADDRESS SERVICE** REQUEST



website: www.cumcwayland.org email: office@cumcwayland.org

Phone: (508) 653-0577 Fax: (508) 653-0519

Like us on Facebook @cumcwayland

#### **SUNDAY SCHEDULE**

10:00 A.M.

**Worship Service** 

Nursery/Child Care Provided

10:00 A.M. – 11:15 A.M.

Sunday School for Age K thru Grade 12

(begins with the Worship Service - dismissal to classes is generally made after the children's message)

11:15 A.M.

Fellowship / Coffee Hour

#### **CHURCH OFFICE HOURS**

MONDAY thru FRIDAY 8:30 AM to 12:30 PM